

## Giving medical advice Present Perfect practice

### Warmer

Ask each other about recent times and the time since you last saw each other with the right form of questions like “How \_\_\_\_\_ your week \_\_\_\_\_ (be)?” and “(Long time no see.) How \_\_\_\_\_ you \_\_\_\_\_ (be) since we last met?”

Which tense needs to go in the gaps in both sentences above? Why?

What could be the difference in situations between “I’ve broken my leg” and “I broke my leg”?

Put the same tense into these phrases for giving advice/ suggestions/ recommendations:

- “\_\_\_\_\_ you \_\_\_\_\_ (think about) going to the doctor?”
- “\_\_\_\_\_ you \_\_\_\_\_ (consider) switching to nicotine gum?”
- “\_\_\_\_\_ you \_\_\_\_\_ (try) eating less salt?”

What other phrases could you use for giving advice/ suggestions/ recommendations?  
Which are strong and which are weak?

Rank these phrases from strongest positive ones top to strongest negative ones bottom, with ones meaning not necessary in the middle.

- can/ could/ don’t have to/ don’t need to
- must/ have to
- mustn’t
- really must/ really have to
- really mustn’t
- really should/ really ought to
- really shouldn’t
- should/ ought to
- shouldn’t

Use phrases like these as you ask each other about the problems below with phrases like “I’ve... my... What do you think I should do?” and “My... has... since... Do you have any advice?”

Ask about any problems below which you don’t understand, couldn’t fill the gaps for, were not sure about good advice for, etc, discussing the best advice as a class each time.

Fill the gaps below with suitable verb forms.

Test each other on the past participles of the verbs below.



- I \_\_\_\_\_ (become) constipated.
- My joints \_\_\_\_\_ (become swollen/ swell up/ become painful).
- I \_\_\_\_\_ (break) my leg/ arm/ finger/ toe/ nose/ a tooth.
- I \_\_\_\_\_ (burn/ scald) my hand.
- I \_\_\_\_\_ (catch) flu/ influenza/ a cold.
- I \_\_\_\_\_ (cut) my finger/ myself shaving.
- I \_\_\_\_\_ (dislocate) my shoulder.
- I \_\_\_\_\_ (drink/ eat) too much.
- My mother \_\_\_\_\_ (faint/ lose consciousness).
- My tooth \_\_\_\_\_ (fall out).
- My grandmother \_\_\_\_\_ (fall over/ trip).
- An insect \_\_\_\_\_ (fly) into my eye.
- I \_\_\_\_\_ (gain/ put on) weight.
- My nose \_\_\_\_\_ (get) blocked up.
- I \_\_\_\_\_ (get) food poisoning.
- My blood pressure \_\_\_\_\_ (go up/ rise).
- I \_\_\_\_\_ (have) an allergic reaction (to...)
- I \_\_\_\_\_ (have) some panic attacks.
- I \_\_\_\_\_ (have) hiccups for an hour.
- I \_\_\_\_\_ (have) a headache for three days.
- I \_\_\_\_\_ (have) a runny nose for a week.
- I \_\_\_\_\_ (have) a fever since this time yesterday.
- My throat \_\_\_\_\_ (hurt) since Wednesday last week.
- I \_\_\_\_\_ (hurt/ injure) my back.
- I \_\_\_\_\_ (lose) my appetite.
- I \_\_\_\_\_ (lose) my voice.
- I \_\_\_\_\_ (lose) my medicine/ my prescription.
- I \_\_\_\_\_ (pull) a muscle.
- I \_\_\_\_\_ (not sleep) for two days.
- I \_\_\_\_\_ (sprain/ twist) my ankle.
- I \_\_\_\_\_ (start) smoking again.
- My skin \_\_\_\_\_ (turn/ become) red.